



Be a Covenant People

World Hunger Emphasis

Genesis 17:1–7, 15–16

I will establish my covenant as an everlasting covenant between me and you and your descendants after you for the generations to come, to be your God and the God of your descendants after you.

March 1, 2015

Character Building Thoughts for Lent

“How wonderful it is that nobody need wait a single moment before starting to improve the world”

Anne Frank

How I look is not as important as how I act.

I treat others the way I want them to treat me.

I am a good sport; I follow the rules, take turns and play fair.

It is okay to laugh at funny things, but not to laugh at others.

I do not gossip; if I cannot say anything helpful, I do not say anything at all.

When I am sad, I help myself feel better by thinking of things that are good in my life.

In order to have friends, I must act in a kind way.

I believe that I am someone who can do important things.

What I say and how I say it tells others the kind of person I am.

I appreciate my family.

I treat everyone with respect.

When I listen, I show others that I care about them.

I am being a good citizen when I volunteer to help others.

Each day offers a new start to do my best.

I try to understand what my friends are feeling.

Everyone makes mistakes, so instead of getting angry with myself, I try to do better.

I do not give up; I keep trying until I succeed.

Sharing with others makes me feel good and makes them feel good too.

I work out my problems without hurting others or myself.

I am being polite when I wait for my turn and say please and thank you.

When I smile at people, they usually smile back.

I encourage my friends to do their best.

My values guide me to do what is right.
I am honest; I do not cheat or steal.
When I am angry, I use self-control and do not hurt others.
I say, "No!" to things that could hurt my body like tobacco and alcohol.
When I do what I say I will do, I am being responsible.
I am grateful for what I have, so I share with others.
I try to learn something new each day.
When things do not go my way, I stop and think of what I can do to make them better.
I do not make fun of others because I don't know what their life is like.
I feel successful when I do my best.
Everyone has good and bad feelings.
I take care of myself by eating healthy food, exercising and getting enough rest.
I am being punctual when I am on time and do not keep people waiting.
When I cooperate with others, I get more done.
I follow the rules and try to make my environment a better place.
I like to get to know others who are different from me.
Since I tell the truth, my friends trust me.
I look for what is good in others and I say what I like about them.
I buy only what I need and I save my money.
When I use my time wisely, there is usually enough time to do what I want to do.
I think before I act; how I act affects how others treat me.
Using manners helps me keep my friends.
I have courage to stand up for others who are harassed.
Before I do something, I ask myself, "Is it safe?"
I am me -- I do not try to be like someone else.
I care about living things on earth so I recycle and do not litter.
When I write down what I think and feel, I learn about myself.
I plan ahead and think about what I want to do when I grow up.

Happy Birthday Arthur

Prayer Thought for the Week

Dear Lord Jesus, by Your Passion and Resurrection You brought life to the world.
But the glory of the Resurrection came only after the sufferings of the Passion.
You laid down Your life willingly and gave up everything for us. Your body was broken and fastened to a Cross,
Your clothing became the prize of soldiers as your blood ebbed slowly but surely away.
Stretched out on the Cross, deprived of all earthly possessions and human aid,
You cried out to Your Father that the end had come. You had accomplished the work given You,
and You committed into His hands, as a perfect gift, the little life that remained to You.
Lord, teach me to accept all afflictions after the example You have given.
Let me place my life & death in Your hands.
Take hold of me with Your love, that same love that knew no limits,
and let me offer myself to the Father with You so that I may rise with You to eternal life.
Amen

Stewardship Thoughts for Lent

"What if Jesus came to your house?"

Do you think asking questions like this might stimulate our family's response to determine what their Lenten Stewardship might be.

If Jesus came to your house would you sit and play video games all night and ignore Him?
Or would you spend time talking with Him?

If Jesus came to your house would you sit quietly and say nothing?
Or would you proudly show Him your talents –
maybe play the piano for Him, bring Him a painting you made
or show Him what you were learning in school?

If Jesus came to your house would your family serve Him old leftovers on paper plates?
Or would you help your family prepare a wonderful meal, set out the good dishes and clean the house?

Remind your family members that Jesus is in our house with us everyday!